

Compelled

Living and Serving Like Jesus

A Study Through the Book of Mark

“And they **compelled** a passerby, Simon of Cyrene, who was coming in from the country, the father of Alexander and Rufus, to **carry His cross.**”

MARK 15:21



BEAUTIFUL
MOMS



Compelled

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MARK 15:21

This Book Belongs To:

Name: _____

Phone Number: _____

Table Number: _____

YouTube
Channel



Going Deeper:

We are providing these resources for those who would like to dive deeper into the study of Mark.

"Be Diligent: Serving Others as You Walk With the Master"
by Warren W. Wiersbe



"Mark: Verse by Verse Commentary"
by David Guzik



Prayer Matters

Always start by praying, asking the Lord to guide your reading and and to reveal Himself to you.

P

PAUSE

Pause to thank God for who He is and for the blessings in your life.

R

REPENT

Reflect on your mistakes, confess your shortcomings and ask for forgiveness.

A

ASK

Present your requests to God, including needs for yourself and intercession for others.

Y

YIELD

Surrender your own will, inviting God's plans and presence to guide your day.

SOAR Instructions



Make Daily Reading Your Priority

Daily time in God's Word is the foundation of this study. The more you immerse yourself in Scripture to know His character, the deeper your relationship will grow, transforming knowledge about God into a greater love for Him.

Your Semester Plan

To help you stay on track, we have created a reading plan designed specifically for this semester. Make a commitment to follow this plan and let the Word guide your daily life.

Go Deeper With the SOAR Method

Below are the directions for SOAR.

S

SCRIPTURE

In this section, fill in the verse or passage that grabbed your attention. Before you begin, pray and ask God for His guidance as you read through His Word.

O

OBSERVATION

What does God seem to be revealing through the Scripture? Answer the who, what, where and why questions. If you would like to go deeper, look up the Hebrew or Greek meaning and cross-reference different Scriptures with a similar themes.

A

APPLICATION

How can you begin to apply this Scripture to your life today? How can you live differently in light of what God has spoken to you?

R

REFLECTION

Take a moment to be still and let God show you how to walk out this Scripture. Write a general thought or prayer asking God for wisdom and guidance.

Bible Reading Plan

This reading plan introduces the topic for each week's teaching to build foundational knowledge and context for the upcoming discussions.

WEEK 1

Mark 1

- ☐ Mark 1:1–15
- ☐ Mark 1:16–20
- ☐ Mark 1:21–25
- ☐ Matthew 3
- ☐ Matthew 4

WEEK 2

Mark 2–3

- ☐ Mark 2:1–17
- ☐ Mark 2:18–27
- ☐ Mark 3:1–21
- ☐ Mark 3:22–35
- ☐ Luke 5:1–11

WEEK 3

Mark 4

- ☐ Mark 4:1–20
- ☐ Mark 4:21–29
- ☐ Mark 4:30–41
- ☐ Matthew 13:1–23
- ☐ Matthew 13:24–43

WEEK 4

Mark 5

- ☐ Mark 5:1–20
- ☐ Luke 8:26–39
- ☐ Mark 5:21–34
- ☐ Mark 5:35–43
- ☐ Luke 8:40–56

WEEK 5

Mark 6

- ☐ Mark 6:1–13
- ☐ Luke 4:16–30
- ☐ Mark 6:14–29
- ☐ Mark 6:30–56
- ☐ Matthew 14:1–33

WEEK 6

Mark 7–8

- ☐ Mark 7:1–23
- ☐ Mark 7:24–37
- ☐ Matthew 15:10–28
- ☐ Mark 8:1–26
- ☐ Mark 8:27–9:1



MARK 15:21

“And they **compelled** a passerby, Simon of Cyrene, who was coming in from the country, the father of Alexander and Rufus, to **carry His cross.**”

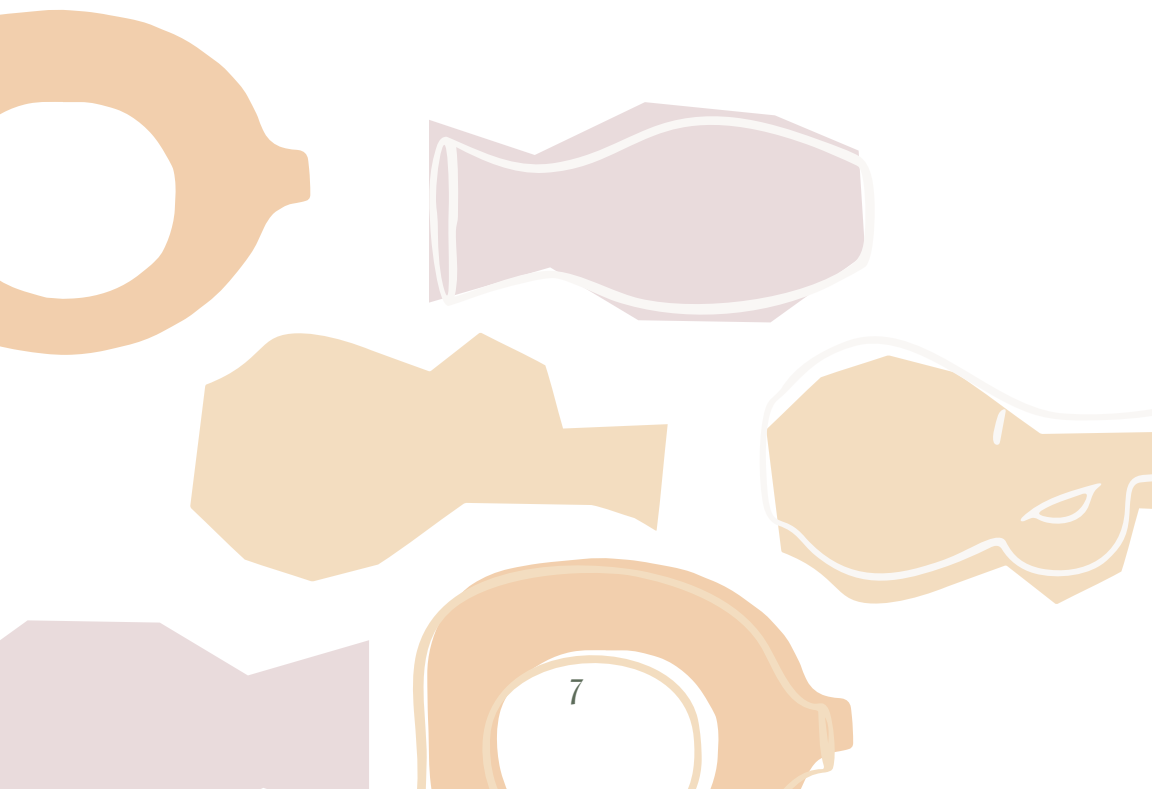


Week 1

The Servant Savior

Compelled to serve like Jesus.

Notes:



Discussion Questions

Week
1

1. Share something funny that compels you to spring into action!
2. What compelled you to do this study?
3. As a group, SOAR through Mark 8:34–38.

S

O

A

R

4. As you conclude your time together, lift one another up in prayer, praying that you would be deeply compelled to follow Jesus more closely than before.

Date:

Week 1

Verse

Scripture

Observation

Application

Reflection

Reading Plan:

Mark 1

- ☐ Mark 1:1-15
- ☐ Mark 1:16-20
- ☐ Mark 1:21-45
- ☐ Matthew 3
- ☐ Matthew 4

Memory Verse: Mark 8:34-36

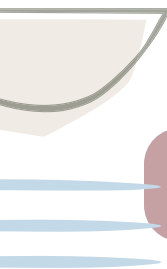
And calling the crowd to him with his disciples, he said to them, "If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul?"

The Cost of Discipleship

The background is a light beige color. It is decorated with several abstract geometric shapes. There are three orange semi-circles, one in the top left, one in the top right, and one in the bottom right. There are also three green elongated, teardrop-like shapes, one in the top center, one in the bottom center, and one on the far left. Additionally, there are three green horizontal lines on the far left and three green horizontal lines on the far right.

MARK 1:12-13

The Spirit then compelled Jesus to go into the wilderness, where he was tempted by Satan for forty days. He was out among the wild animals, and angels took care of him.



Week 2

The Servant Is Tempted

How can I overcome temptation?

Notes:

Discussion Questions

Week
2

Share a SOAR from last week's reading plan.

1. Read Mark 1:9–13. Like Jesus, we too will be faced with temptation. What is your typical response to temptation?
2. Read Matthew 4:4, 7, 10. Each time Satan tempted Jesus, what words did Jesus repeatedly respond with? When you face your most common or recurring temptation, what specific Scripture do you turn to?
3. What are some practical ways to flee when temptation arises? Read 2 Timothy 2:22 and 1 Corinthians 10:13 for a strategy on defeating temptation.
4. Satan's strategy in Matthew 4:3 and 4:6 wasn't just to make Jesus doubt His deity, but to tempt Him into proving it. Where does the enemy currently whisper "if" over your identity as a daughter of God? (e.g., "If you were truly loved, you wouldn't feel this way", "If you work harder, you'll be worthy" or "if you were a better parent, your kids would behave better").
5. When it comes to helping your kids deal with temptation and sin, are you more focused on correcting their behavior or discipling their heart? Talk about the importance of each one of these.

Date:

Week 2

Verse:

Scripture

Observation

Application

Reflection

Memory Verse: Mark 8:34-36

And calling the crowd to him with his disciples, he said to them, "If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul?"

Reading Plan:

Mark 2-3

- ☐ Mark 2:1-17
- ☐ Mark 2:18-27
- ☐ Mark 3:1-21
- ☐ Mark 3:22-35
- ☐ Luke 5:1-11

The Cost of Discipleship

MARK 2:16-17

And the scribes of the
Pharisees, when they
saw that he was
eating with sinners
and tax collectors,
said to his disciples,
“Why does he eat with
tax collectors and
sinners?” And when
Jesus heard it, he
said to them, “Those
who are well have no
need of a physician,
but those who are
sick. I came not to
call the righteous,
but sinners.”

Week 3

The Servant Invites

How do you think Jesus sees you?

Notes:

Discussion Questions

Week
3

Share a SOAR from last week's reading plan.

1. If you were to completely drop your guard and ignore your inner critic, how do you honestly feel Jesus looks at you right now?
2. Has there been a time in your life when someone really saw you, included you or helped you feel valued? What impact did that have on you?
3. Read Mark 2:13–17 and 3:13–19. Jesus sees people who are often overlooked. Who are the kinds of people you are most tempted to overlook, avoid or make assumptions about?
4. Have you ever had a conversation with your kids about people you are most tempted to avoid, overlook or make assumptions about? How can we help our kids see these people (the unhoused, special needs, disabled, poor, elderly) differently?
5. Jesus intentionally took notice of His disciples. Likewise, our kids desperately want to be seen by us. How can we make sure our kids know they are truly "seen" by us? Share some practical examples. (For example: putting your phone down, active listening, etc.)

SERVE CHALLENGE

Motherhood can feel isolating. Reach out to another mom this week to remind them that you see them, and take some time to encourage and pray for them.

Date:

Week 3

Verse:

Scripture

Observation

Application

Reflection

Memory Verse: Mark 8:34-36

And calling the crowd to him with his disciples, he said to them, "If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul?"

Reading Plan:

Mark 4

- ☐ Mark 4:1-20
- ☐ Mark 4:21-29
- ☐ Mark 4:30-41
- ☐ Matthew 13:1-23
- ☐ Matthew 13:24-43

The Cost of Discipleship

MARK 4:8-9

"And other seeds fell into good soil and produced grain, growing up and increasing and yielding thirtyfold and sixtyfold and a hundredfold." And he said, "He who has ears to hear, let him hear."

Week 4

The Servant Teaches

What holds me back from being all in?

Notes:

Discussion Questions

Week
4

Share a SOAR from last week's reading plan.

1. Read Mark 4:1–9. What are the four different soils mentioned, and what happened to the seeds when they fell on each type of soil?
 - 1.
 - 2.
 - 3.
 - 4.
2. Read Mark 4:14–20. What did each soil represent, and what happened to the seeds (as the Word)?
 - 1.
 - 2.
 - 3.
 - 4.
3. In this parable, the seed is God's Word, and the soil represents the human heart. Which of the four soils (path, rocky, thorny, good) best describe your heart's posture toward God this past week? Is your faith currently taking deep root, or are you feeling a bit disconnected?
4. How would you explain the core meaning of this parable in your own words to your children?
5. Look up Deuteronomy 6:6–7. Who is responsible for teaching your kids about Jesus, and when is the best time to do so? What does this look like in your home?

Date:

Week 4

Verse:

Scripture

Observation

Application

Reflection

Reading Plan:

Mark 5

- ☐ Mark 5:1-20
- ☐ Luke 8:26-39
- ☐ Mark 5:21-34
- ☐ Mark 5:35-43
- ☐ Luke 8:40-56

Memory Verse: Mark 10:43-45

"But whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many."

The Servant King



MARK 5:28-29, 34

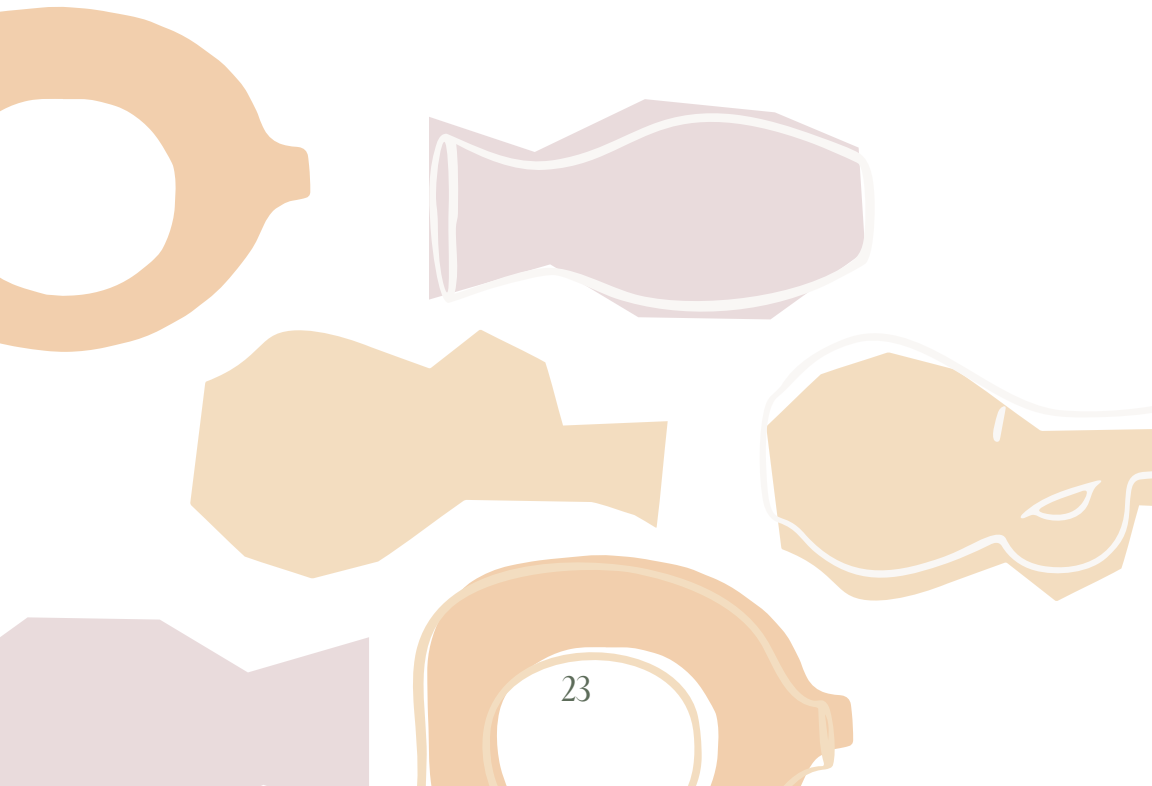
For she said, “If I touch even his garments, I will be made well.” And immediately the flow of blood dried up, and she felt in her body that she was healed of her disease. And he said to her, “Daughter, your faith has made you well; go in peace, and be healed of your disease.”

Week 5

The Servant Heals

Where does my faith waver?

Notes:



Discussion Questions

Week
5

Share a SOAR from last week's reading plan.

1. Read Leviticus 15:25–27. Based on the woman's condition in Mark 5, what is the word used in these verses to describe her?

According to Levitical law, her condition made her ceremonially unclean, meaning she was isolated from her community and unable to participate in worship. How does recognizing her severe social and spiritual isolation deepen the significance of her healing?

2. Reflect on your life. Has there been an "issue" or long-standing struggle you have carried for years?
3. Read Mark 5:32–33. How much of her story did she share with Jesus? How much of your story (your sin, your suffering, other things you've tried) have you told Him? In order to move from brokenness to healing, what are some intentional steps you can take today to reach toward Jesus?
4. As we wrap up our time today, take some time to seek Jesus together through prayer. If anyone needs physical healing, gather around them and pray in faith for God's healing power.

SERVE CHALLENGE

Do you trust the quiet prompting of the Holy Spirit when He encourages you to step outside your comfort zone? Following that still small voice means allowing Him to guide your actions throughout the day. This week, commit to listening and responding to the Holy Spirit's direction through simple acts: Support those in need with money, food or water; contact someone who has been on your mind; offer assistance to a neighbor; invite a new woman from your table to join you for coffee.

Date:

Week 5

Verse

Scripture

Observation

Application

Reflection

Reading Plan:

Mark 6

- ☐ Mark 6:1-13
- ☐ Luke 4:16-30
- ☐ Mark 6:14-29
- ☐ Mark 6:30-56
- ☐ Matthew 14:1-33

Memory Verse: Mark 10:43-45

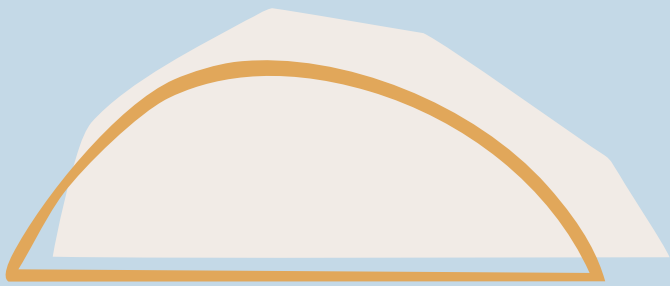
"But whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many."

The Servant King



MARK 6:1-2

He went away from there and came to his hometown, and his disciples followed him. And on the Sabbath he began to teach in the synagogue, and many who heard him were astonished, saying, "Where did this man get these things? What is the wisdom given to him? How are such mighty works done by his hands?"



Week 6

The Servant Rejected

Do I live an unoffendable life?

Notes:

Discussion Questions

Week
6

Share a SOAR from last week's reading plan.

1. Have you ever struggled with doubts about whether Jesus is truly real? If so, how did you respond and work through those questions?
2. In Mark 6, the people of Nazareth were "astonished" by Jesus, but still took offense at Him. Why do you think it can be possible to know about Jesus, hear His teaching and still struggle to fully trust or follow Him?
3. Amy talked about three ways we can become offended by Jesus: hiding Him, twisting Him or resisting Him. Which of those do you think people struggle with most today, and why?
4. Read John 14:15. How does this verse shift our view of obedience from strict rule-following to a response of love and trust? How can we translate this relational approach into our parenting so our children feel truly loved during discipline, rather than forcing good behavior?
5. Everyone has an opinion on how you should parent. What helps you let go of things when you feel offended, and how do you navigate those moments?

SERVE CHALLENGE

Each of our locations has prayerfully selected a local nonprofit partner to support and bless this season. Please listen closely to the weekly announcements for specific details on how your group can get involved.

Date:

Week 6

Verse:

Scripture

Observation

Application

Reflection

Reading Plan:

Mark 7-8

- ☐ Mark 7:1-23
- ☐ Mark 7:24-37
- ☐ Matthew 15:10-28
- ☐ Mark 8:1-26
- ☐ Mark 8:27-9:1

Memory Verse: Mark 10:43-45

"But whoever would be great among you must be your servant, and whoever would be first among you must be slave of all. For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many."

The Servant King

MARK 16:15

And he said to them, “Go into all the world
and proclaim the gospel to the whole creation.”







Grace Family
Church